



## Seeking the Dragon Pearl

Australian and New Zealand College of Anaesthetists  
Faculty of Pain Medicine

The Hong Kong College of Anaesthesiologists

[www.csm2011.com](http://www.csm2011.com)



# Hong Kong - A dynamic metropolis steeped in unique blends of East and West

Lying in the heart of Asia, Hong Kong is one of the world's most fascinating and stimulating cities where cultures of the East and West co-exist in perfect harmony. From old to new, Asian to Western, countryside to city, Hong Kong provides more diversity for its size than anywhere else within the region.



## Food

Start your day with a delightful dim sum breakfast. These Chinese snacks served in steaming bamboo baskets are typical breakfast and lunch for locals. The dim sum experience is not complete without sipping tea. The art of tea drinking is quintessentially Chinese. Tea is drunk for health, and is poured as an offering to friends.

There is no better way to experience the diversity of Hong Kong than through its exceptional cuisine. From the best Cantonese food and various regional Chinese food, to authentic Asian cuisine and Western fare, this city offers an incredible variety of restaurants, whether they are Michelin starred or local tea houses called "Cha Chaan Teng".

## Culture

With 5,000 years of Chinese culture blending into 150 years of British colonial influence, Hong Kong's culture and heritage is both unique and enchanting. The fusion of East and West, and old and new in this fascinating metropolis, sets Hong Kong apart from the rest of the world. Here, neon signs beam commercial messages not far from historic walled villages, shimmering glass skyscrapers dwarf incense-filled temples. On Lantau Island, the world's tallest, outdoor seated bronze Buddha sits serenely atop Ngong Ping plateau amid the spectacular mountain scenery of the Island.



## Festival

Festivals are among the best ways to experience the traditional culture of this modern destination. Among the many festivals, the Cheung Chau Bun Festival, which takes place once a year in May, is one of those that will leave you spellbound and provide lifelong memories. Thousands of people gather at this small and quiet outlying island to celebrate. The week-long festival climaxes with a large, carnival-like street procession. Children dressed in colourful costumes march, walk on stilts or ride on floats through tiny winding streets to the grounds near the Pak Tai Temple, which are dominated by enormous bamboo towers studded with sweet white buns. At midnight athletes scramble up the towers in a contest for the top-most buns.



## Family

Hong Kong is a non-stop playground filled with exciting activities for the whole family. Get set for a jam-packed day of excitement at Ocean Park, one of South East Asia's largest aquariums and theme parks, enjoy the fascinating magical experiences offered by Hong Kong Disneyland, or explore and learn about wetland ecosystems at Hong Kong Wetland Park.



## Night

Hong Kong is an energetic city at all hours. The world-renowned skyline glitters in the sunlight, and turns into a wall of twinkling lights after dark. Capture the magic of the harbour by travelling up to The Peak or visit the Avenue of Stars along the Tsim Sha Tsui Promenade for spectacular harbour views and to catch the magnificent "A Symphony of Lights", featuring more than 40 of Hong Kong's skyscrapers in a stunning multimedia extravaganza.

Nothing sets Hong Kong abuzz with excitement quite like the thrill of horse-racing. It is Hong Kong's most popular sporting entertainment. Race meetings are held on most Wednesday evenings and weekends from September to early July.



## Nature

Although Hong Kong is regarded as one of the world's great cities, it is by no means just a neon and concrete jungle. Nature lovers will be amazed at Hong Kong's unspoilt countryside and mountains – and most can be easily reached within an hour from the urban areas. Discover exotic flowers and plants on a nature walk or watch endangered wildlife such as the Chinese pink dolphins. Visit the recently opened Hong Kong National Geopark – a 50 sq km unique natural region made up of eight georeas that have special geological significance with natural and cultural landscapes.

# Welcome Message

# Seeking the Dragon Pearl

Legend has it that the dragon held a powerful pearl. Pearls were believed to be the tears of the moon in Chinese mythology. Some of the tears were taken up by dragons who watched over them in great submarine palaces. The dragon pearl is said to be the dragon's most coveted and sacred treasure, and is considered an emblem of wisdom.

Are you among those who would like to search for the dragon pearl? As the convenors of CSM2011, we cordially invite you to visit and participate in our meeting, to be held in Hong Kong – "The Gateway to China". We are proud to be the host and to be able to offer a most comprehensive academic programme as well as an excellent networking event for the healthcare industry.

To be held in the state-of-the-art Hong Kong Convention and Exhibition Centre, right on Hong Kong's famous Victoria Harbour, CSM2011 will connect more than a thousand academics and practitioners from Asia, Australia and New Zealand. The programme will include lectures in a wide range of topics in Anaesthesia, Pain Medicine and Intensive Care, as well as practical workshops and problem-based learning discussions. We have an exciting list of invited international speakers as well as local experts from Hong Kong, Australia and New Zealand. Such an "East-meets-West" opportunity will undoubtedly foster exchange of ideas and will eventually take medical standards in the region to another zenith.

Besides participating in the conference, having a glimpse of the city is always a tempting idea. If you have never been to Hong Kong, this is your chance to experience the mesmerizing charm of this modern-yet-traditional metropolis. Come and discover Hong Kong – the Pearl of the Orient; the city will never disappoint you. Hong Kong has long been renowned for its splendid array of shopping choices for visitors. What's more, every single item is tax-free so you can enjoy a shopping spree to your heart's content. The wide selection of cuisines from around the world is sure to satisfy even the most discerning gourmets. Bring the family and enjoy an unforgettable tourist experience, including Disneyland, Ocean Park, and the Ngong Ping 360 cable car. There are heritage-listed buildings and tracks for those who like exploring history and culture, as well as the Hong Kong Wetland Park and mountain trails for the nature lovers. You will surely find the blend of various cultures in Hong Kong a unique experience.

Our programme is guaranteed to inform, stimulate and inspire. We look forward to welcoming you at CSM2011 in Hong Kong. See you then!



**Dr. Chi-Wai Cheung**  
Convenor



**Professor Warwick Ngan Kee**  
Scientific Convenor

## CSM2011 Regional Organising Committee Meeting Venue

Dr. Chi-Wai Cheung	Convenor
Dr. Genevieve Goulding	Deputy Convenor
Prof. Warwick Ngan Kee	Scientific Convenor
Dr. Annabel Orr	Deputy Scientific Convenor
Dr. Phoon-Ping Chen	FPM Convenor
Dr. Simon Chan	Health Care Industry Liaison Officer
Dr. Peggy Li	Social Convenor
Dr. Libby Lee	Workshop Convenor
Dr. Chris Duffy	PBLD Co-Convenor
Dr. Enjarn Lin	PBLD Co-Convenor
Dr. Timmy Chan	New Fellows Conference Co-Convenor
Dr. Patricia Kan	New Fellows Conference Co-Convenor
Dr. Natalie Smith	Deputy New Fellows Conference Convenor
Dr. Nicole Phillips	ANZCA ASM Officer
Assoc. Prof. Pam Macintyre	FPM Scientific Meeting Officer

The CSM2011 will be held at the Hong Kong Convention and Exhibition Centre (HKCEC). It is the most impressive exhibition and meeting facility in Hong Kong, situated in the heart of the Hong Kong Island. It is just a few minutes' walk from a wide range of hotels, and is readily accessible by various means of public transport.

Address: 1 Expo Drive, Wanchai, Hong Kong  
(Harbour Road Entrance)

Web: [www.hkcec.com](http://www.hkcec.com)



## Invited Speakers

### **Dr. Steve Yentis**

#### **ANZCA ASM Visitor**

Consultant Anaesthetist, Chelsea and Westminster Hospital, London, UK  
Honorary Clinical Senior Lecturer, Faculty of Medicine, Imperial College of Science, Technology & Medicine, London, UK

### **Prof. David Scott**

#### **Australasian Visitor**

Director of Anaesthesia, St Vincent's Hospital, Melbourne, Australia  
Associate Professor, Faculty of Medicine, Dentistry and Health Sciences, University of Melbourne, Australia

### **Prof. Catherine Bushnell**

#### **FPM ASM Visitor**

Director, McGill Centre for Research on Pain, McGill University, Montreal, Canada  
Harold Griffith Professor, Department of Anesthesiology, McGill University, Montreal, Canada  
Professor, Faculty of Dentistry, McGill University, Montreal, Canada

### **Prof. You Wan**

#### **Hong Kong Visitor, Pain Medicine**

Director, The Key Laboratory for Neuroscience, Ministry of Education of China, Beijing, China  
Professor, Department of Neurobiology, Peking University, Beijing, China  
Vice Director, Neuroscience Research Institute, and the Centre for Brain and Cognitive Neuroscience, Peking University, Beijing, China

### **Prof. Vincent Chan**

#### **Hong Kong Visitor, Anaesthesia**

Head, Regional Anesthesia & Pain Program, Department of Anesthesia and Pain Management, University Health Network, Toronto, Ontario, Canada  
Professor of Anesthesia, University of Toronto, Ontario, Canada

### **Prof. Spencer Liu**

#### **SAHK Visitor**

Clinical Professor of Anesthesiology, Weill College of Medicine, Cornell University, New York, USA  
Clinical Professor of Anesthesiology, University of Washington, Seattle, USA  
Attending Anesthesiologist, Hospital for Special Surgery, New York, USA

### **Prof. Mervyn Singer**

#### **HKCA Visitor**

Professor of Intensive Care Medicine, Director for Intensive Care Medicine, Department of Medicine and Wolfson Institute for Biomedical Research, University College, London, UK

### **Prof. Homer Yang**

#### **HKCA Visitor**

Professor and Chair, Department of Anesthesia, University of Ottawa, Ontario, Canada  
Anesthetist-in-Chief, Ottawa Hospital, Ontario, Canada

*The above speaker list is as of 31 March 2010, please visit [www.csm2011.com](http://www.csm2011.com) for updated information.*

## Social and Optional Tour Programmes

### **College Ceremony & Cocktail Reception**

Date: Saturday 14 May 2011

Time: 18:00 – 23:30

Venue: to be announced

A spectacular and colourful welcome heralds the beginning of a wonderful meeting. Enjoy an evening drink and network with your friends and colleagues after the Combined College Ceremony of the Australian and New Zealand College of Anaesthetists, Faculty of Pain Medicine and The Hong Kong College of Anaesthesiologists.

### **HCI Cocktail Reception**

Date: Sunday 15 May 2011

Time: 17:00 – 19:00

Venue: Convention Foyer, HKCEC

A Cocktail Reception will be held in the exhibition area to acknowledge the generous support of the Health Care Industry in a relaxed and informal atmosphere.

### **Conference Gala Dinner**

Date: Monday 16 May 2011

Time: 19:00 – midnight

Venue: Grand Hall, HKCEC

Experience a night of Chinese culture and tradition in the Grand Hall of the HKCEC. This illustrious venue, the site of the Joint Sino-British Handover Ceremony, will come alive with music and dance to accompany a traditional Chinese banquet and elegant wines. Enjoy the evening with friends and colleagues as you survey the spectacular views of Victoria Harbour. A memorable night guaranteed to be a fitting social climax to the ANZCA/HKCA CSM2011.

Whether this will be your first time to Hong Kong or a return visit, a variety of optional tours will provide delegates and accompanying persons with plenty to do.

- Explore the old and new of Hong Kong – a panoramic ride to Victoria Peak, a sampan ride to Aberdeen Fishing Village, and a fast and scenic drive along Tsing Ma Bridge, the world's longest suspension bridge;
- Shop at the famous Temple Street and Stanley Markets where many bargains can be found;
- Enjoy the beauty of unspoilt Lantau Island with its beautiful beach, unique fishing village and peaceful monastery neighboured by the giant bronze Buddha. You may also enjoy a Chinese vegetarian lunch at the tranquil Po Lin Monastery and ride the spectacular Skyrail cable car which offers stunning views to Tung Chung;
- Spend an evening at the races at Happy Valley;
- Experience Tai Chi, a tranquil ancient martial art, learn the technique of Chinese tea brewing or join a fabulous Chinese cooking class.



For further information, please contact:

#### **CSM2011 Conference Secretariat**

International Conference Consultants Limited

Tel: +852 2559 9973

Fax: +852 2547 9528

Email: [info@csm2011.com](mailto:info@csm2011.com)

Web: [www.csm2011.com](http://www.csm2011.com)

